

ABSTRAK

Studi Fenomenologi: Perspektif Guru BK Terhadap Konseling Online Di Masa Pandemi

Julius Arya Widhi N

Program Studi Bimbingan dan Konseling

Universitas Sanata Dharma

2022

Penelitian ini dilakukan dengan tujuan, 1) Mendeskripsikan apa yang menjadi hambatan guru BK di saat melakukan konseling online di masa pandemi; 2) Mendeskripsikan apa yang menjadi hambatan guru BK sebelum melakukan konseling online di masa pandemi; 3) Mendeskripsikan tahapan-tahapan konseling online di masa pandemi; 4) Mendeskripsikan cara mengatasi hambatan guru BK dalam melakukan konseling online di masa pandemi; 5) Mengidentifikasi bentuk konseling online yang digunakan guru BK di masa pandemi; 6) Mendeskripsikan kelebihan penggunaan konseling online di masa pandemic

Penelitian ini menggunakan metode campuran, dengan desain penelitian campuran konvergen. Subjek penelitian adalah 5 guru Bk dari berbagai tempat. Peneliti menggunakan pendekatan fenomenologi dalam penelitian ini Teknik pengumpulan data yang digunakan dalam penelitian adalah wawancara. Teknik analisis data dilakukan dengan koding dan kategorisasi data hasil wawancara. Pengukuran keabsahan dalam penelitian ini digunakan member check.

Hasil penelitian: 1) berdasarkan hasil penelitian guru BK menghadapi hambatan di saat pelaksanaan konseling antara lain keterbatasan informasi dan konseli menghindari konselor; 2) berdasarkan hasil penelitian guru BK menghadapi hambatan sebelum konseling online antara lain sulit mendalami masalah konseli, isyarat *non verbal* sulit tereksplorasi, dan kesulitan sinyal; 3) berdasarkan hasil penelitian guru BK menggunakan tahapan yang sama dengan konseling offline pada umumnya; 4) guru BK menggunakan beberapa cara dalam mengatasi hambatan antara lain kolaborasi, penggunaan berbagai media, menjadi lebih kreatif; 5) berdasarkan hasil penelitian guru BK menggunakan beberapa bentuk konseling online yaitu video conference dan chatting; 6) berdasarkan hasil penelitian konseling online memiliki beberapa kelebihan antara lain fleksibilitas waktu dan aksesibilitas tempat.

Kata Kunci: Konseling Online, Guru BK, Pandemi

ABSTRACT

Phenomenological Studies: Perspectives of Guidance and Counseling Teachers Against Online Counseling During a Pandemic

Julius Arya Widhi N

Guidance and Counseling Study Program

Sanata Dharma University

2022

This research was conducted with the goal of, 1) Describing what are the obstacles for guidance and counseling teachers when conducting online counseling during a pandemic; 2) Describe what are the obstacles for guidance and counseling teachers before conducting online counseling during the pandemic; 3) Describe the stages of online counseling during the pandemic; 4) describe how guidance and counseling teachers overcome obstacles when implementing online counseling during a pandemic; 5) Identify forms of online counseling that guidance and counseling teachers use during the pandemic; 6) Describe the advantages of using online counseling during a pandemic.

This study used a convergent mixed research design. Researchers use a phenomenological approach in this study. The subjects were 5 individuals with the profession of guidance and counseling teachers spread across several areas. The data collection techniques used in the study is interview. Data analysis techniques do by coding and categorizing the data of the interview results. Measurement of validity in this study used members check.

The results of the study: 1) based on the results of the research, guidance and counseling teachers faced obstacles when implementing counseling, including limited information and counselees avoiding counselors; 2) based on the research results, guidance and counseling teachers face obstacles before online counseling, including difficulty in exploring the counselee's problems, difficult to understand non-verbal cues, and internet signal trouble; 3) based on the research results of guidance and counseling teachers using the same stages as offline counseling in general; 4) counseling teachers use several ways to overcome obstacles, including collaboration, using various media, and being more creative; 5) based on the research results of guidance and counseling teachers using several forms of online counseling, namely video conferencing and chatting; 6) based on research results, online counseling has several advantages, including flexibility of time and accessibility of place.

Keywords: *Online Counseling, Guidance and Counseling Teacher, Pandemic*